






PEMBROKESHIRE AND CARMARTHENSHIRE

Outstanding Circular Walks

Pathfinder® Guides 

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walking
guides


St Non's and Caerfai

Start	St David's	GPS waypoints <div><div> SM 757 252</div><div> SM 751 249</div><div> SM 740 242</div><div> SM 750 242</div><div> SM 759 243</div></div>
Distance	3½ miles (5.6km)	
Height gain	395 feet (120m)	
Approximate time	2 hours	
Parking	St David's main car park	
Route terrain	Coast path, footpaths and farm tracks prone to mud	
Dog friendly	Best on lead around St Non's Chapel	
Ordnance Survey maps	Landranger 157 (St David's & Haverfordwest), Explorer OL35 (North Pembrokeshire)	

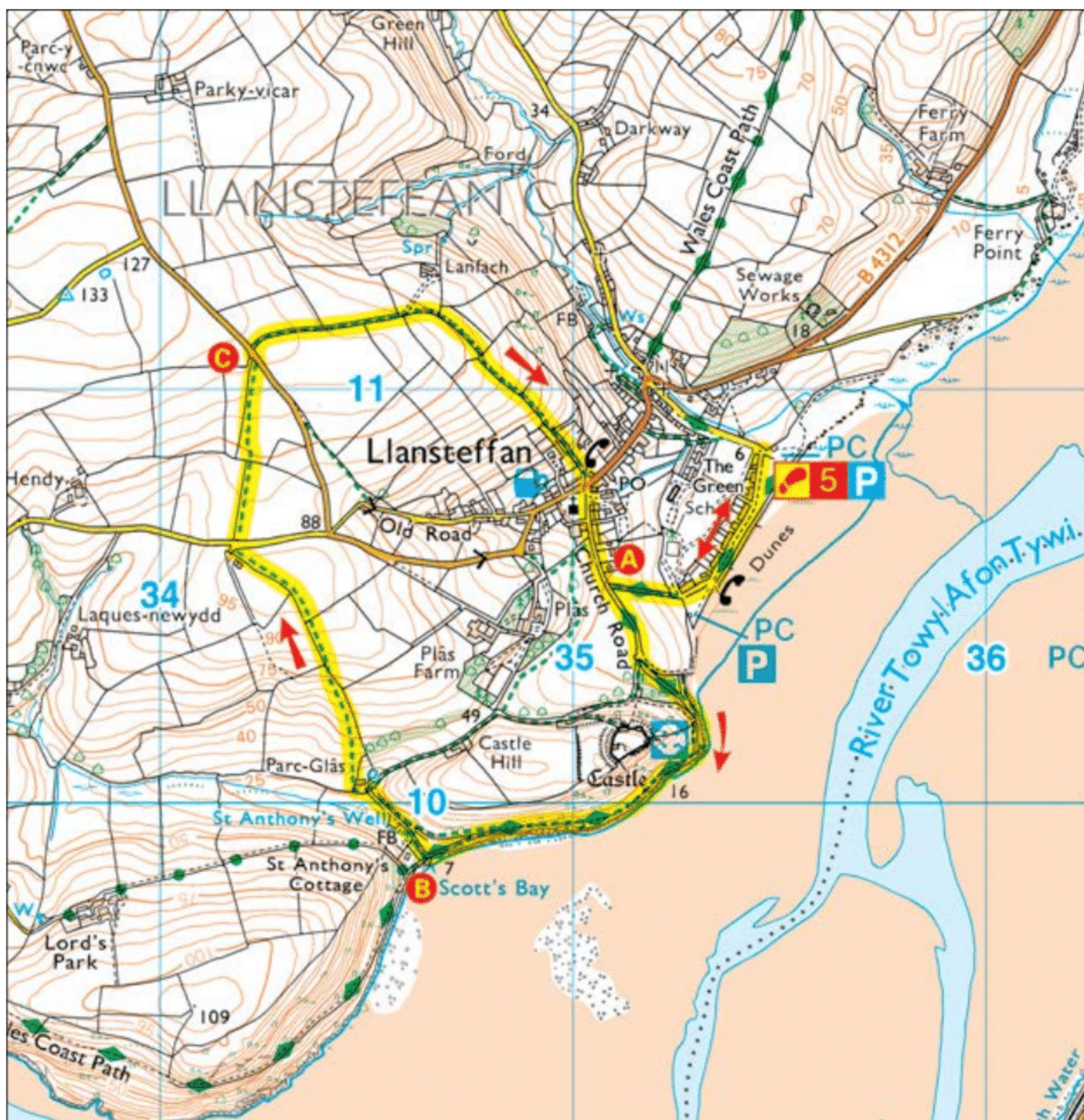
The coastline that loops around St David's is among the most stunning in the National Park but the path that follows this stretch is mainly rough and hilly and easy walks can be hard to come by. This short walk proves the exception, starting in St David's and joining the coast at the attractive little harbour of Porthclais. The going is scenic but generally very easy, and there's the added attraction of a visit to the ruins of a tiny chapel that marks the birthplace of St David. The final leg passes above the beautiful beach of Caerfai which is easily reached by a short detour.

The main car park in St David's is a little way east of the tiny city, next to the excellent tourist information centre.

St Non's Bay

 From the car park, turn left onto the road and walk towards Caerfai Bay. Ignore the first turning on the right at the top end of the car park but take the second, which leads into a residential



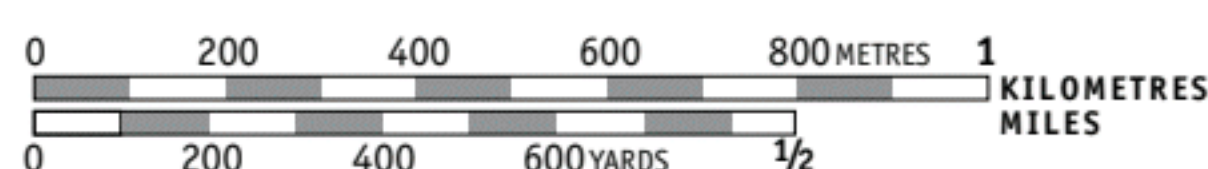


SCALE 1:25 000 or 2½ INCHES to 1 MILE 4CM to 1KM

right edge of a field and after climbing another stile, bear right off the track and continue along the right field edge as the drive swings leftwards, directly above a farm, to a stile.

Climb it and with grand views ahead over the Towy Estuary, keep along the right edge of the next field, climb a stile and head gently downhill across a field to climb a stile in the bottom right-hand corner. Continue more steeply downhill along the right edge of the next field, climb a stile and head steeply down an enclosed wooded path to emerge onto a road in Llansteffan.

Take the road ahead – the church is to the right and there is a fine



view of the castle ahead – and look out for where you turn left **A** onto a descending path. Here you rejoin the outward route and retrace your steps to the start. ●

Llansteffan Castle



Manorbier

Start	Manorbier
Distance	2 miles (3.2km)
Height gain	490 feet (150m)
Approximate time	1½ hours
Parking	Pay and Display car park behind the beach
Route terrain	Coast path, field paths and narrow lanes
Dog friendly	Some awkward stiles; livestock. Scoop poop on beach
Ordnance Survey maps	Landranger 158 (Tenby & Pembroke), Explorer OL36 (South Pembrokeshire)

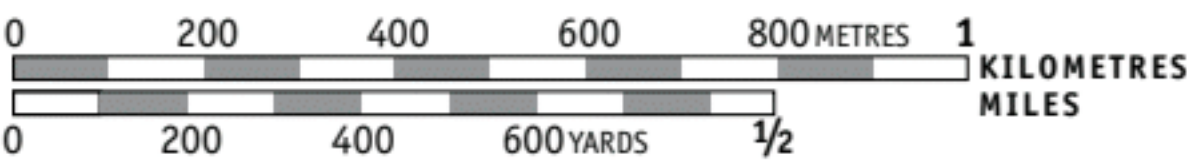
GPS waypoints

- SS 063 976
- A SS 069 970
- B SS 070 976
- C SS 066 978

The medieval Welsh churchman Giraldus Cambrensis, who was born at Manorbier in 1146, described the village as ‘the pleasantest spot in Wales’. Walkers can judge this for themselves on this ramble that takes in a short and relatively easy section of the coast path on the east of Manorbier Bay before returning, via field paths and tracks, to the village with its twin historic attractions of medieval church and castle.

At Manorbier the castle and church occupy opposite sides of a shallow valley that leads to a sandy bay. The substantial and well-preserved castle,

a mainly late 13th- and early 14th century rebuilding of the original Norman structure, belonged to the de Barri family, whose most famous family member was Gerald de Barri, better known as Giraldus Cambrensis or Gerald of Wales. In 1188 he guided the



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French invasion. These days it is a hotel.

Stay with the coast path past the island and continue as it descends into West Angle Bay. A brief diversion sidesteps a landslide but other than this,

it's easy to follow, eventually merging with a drive that leads back down to the car park.



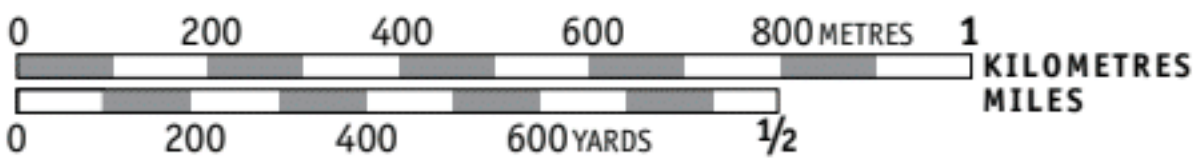
Sandstone sea cliffs near Angle Point



SCALE 1:25 000 or 2½ INCHES to 1 MILE 4CM to 1KM

along an uphill, hedge-lined track. The track first bends right and later bends left to a metal gate; go through it and keep ahead for a few yards to a T-junction of paths and tracks.

Turn right onto a path that keeps along the bottom edge of open grassy moorland, roughly parallel with a hedgebank on the right. At first keep in a straight line but later the path bends first to the left

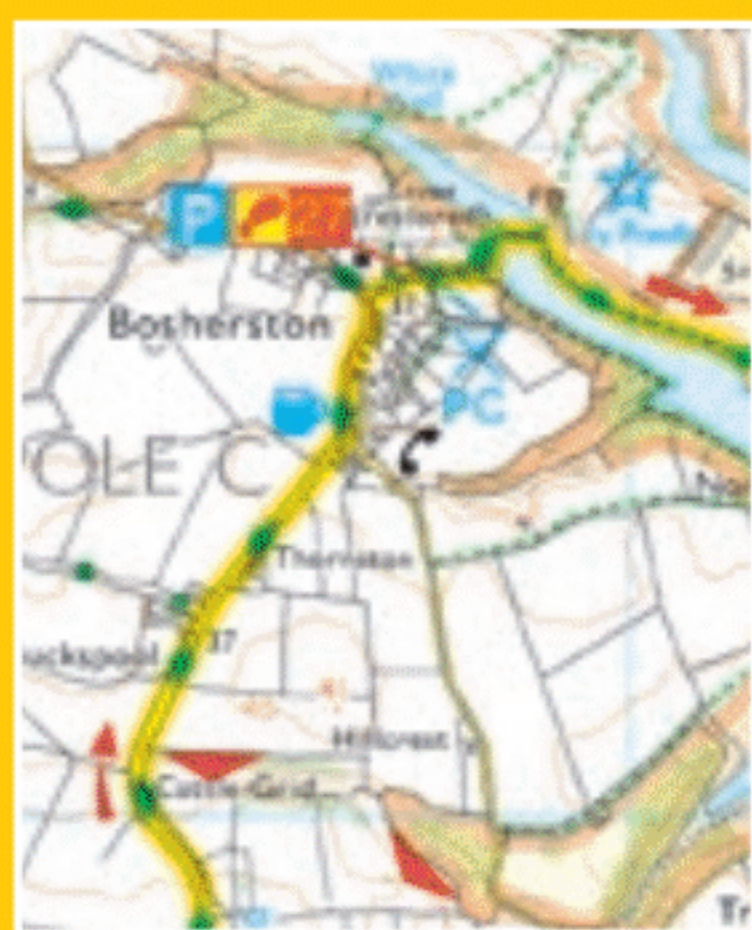


and shortly afterwards to the right to continue between hedge-banks, with a striking view of Garn Fawr in front. Finally, head through an area of bracken to a footpath sign and onto a lane **E**. Turn left uphill for just over ¼ mile (400m) to return to the starting point. ●

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